



Dear IFOMPT Family

We have had a busy start to 2023 and efforts are ramping up for the events and activities over the next 18 months.

- The Advisory Groups on Finance and Marketing and Communications have met and are hard at work at their 2023 plans and activities. The Advisory Group on Marketing and Communications will be in touch shortly about the plans for the trade stands in Dubai and Ghent; they hope to involve as many of you as possible.
- The Basel conference planning is gaining momentum and the keynote speakers will be announced shortly, while more information on the various dates, when registration will open, and the registration options will also be up on their website in the next few weeks. Note the call for focused symposia that will close on 17 March 2023, so get those proposals submitted asap.
- The planning for Ghent 2023 is well under way and the various IFOMPT events planned in Ghent are being finalised. The MO meeting on 13 September 2023 is important to note as we would very strongly encourage our MOs to be present as several important matters will be discussed. Please also add the Teachers Meeting that will take place on 14 September 2023 in your diaries and let your teachers know of this amazing opportunity - we are putting together a great programme that will be education focused. We have not been able to hang out as an IFOMPT Family for more than three years and plan to make up for lost time in Ghent.
- Duncan Reid has been doing a great job with the MT Research Review for a few years. We are seeking volunteers to join him in this initiative. This is an invitation to our IFOMPT accredited educational programmes

in particular so please encourage your students to review relevant articles and to send the reviews to the office to send to Duncan. This will be an amazing opportunity for them to start developing an exposure to the wider IFOMPT family and they can also link their reviews for IFOMPT on their CVs, a win-win.

- We are wanting to re-invigorate the Advisory Group on Membership Development. If anybody in your MO, AMO, or RIG has a passion in sharing the IFOMPT message and assisting potential new members to become involved and to develop their OMPT programmes, please let us know and we will be in touch with them about what the task entails.
- Please remember that we are happy to advertise the conferences and events of the members through various platforms. This is a member benefit, and you are encouraged to make use of this. Likewise, please help us spread the word regarding Basel 2024 and our webinars to your members.
- The call for Expressions of Interest to host the IFOMPT 2028 conference will go out by mid-February 2023. The initial Expressions of Interest are to be submitted to the office by 15 June 2023 and the comprehensive bids will be due by 15 December 2023.
- The first coffee sessions for 2023 will happen on 13/14 March 2023 and 17 March 2023 – the times and login details will be sent to the members. Join the rest of the IFOMPT family in discussing items of interest and just touching base.
- Please remember to spread the word and let your members know about the current IFOMPT Headache webinar that will run on demand until mid March 2023. Attendees can register and attend at a time that suits them - register [here](#).

Kind regards,

IFOMPT Executive Committee

13 February 2023

IFOMPT Drs Kiran Satpute and Kerstin Luedtke Examination and Management of Patients with Headache Webinar

Dr Kiran Satpute who is an under- and post graduate lecturer at the Physiotherapy College affiliated to Maharashtra Medical University of Health Sciences in India and a Mulligan Concept Instructor will start the presentation looking at: Examination of cervical Impairments in headache Physiotherapists are often involved in the management of various forms of headache including cervicogenic headache, migraine and tension type headache. In part this is due to presence of neck pain in these patients. However, the presence of neck pain in headache is not necessarily associated with cervical musculoskeletal dysfunction. A lack of musculoskeletal dysfunction suggests treatment to the cervical spine is unlikely to be helpful. Thus the role of the physiotherapist is to accurately identify the presence of neck musculoskeletal dysfunction, relate this information to headache symptoms and use the assessment findings to build a rationale for physiotherapy management.

Kerstin Luedtke, a physiotherapist and a Professor for Physiotherapy at the University of Lübeck in Germany, will then proceed discussing: Physiotherapy management of patients with different types of headache The presentation will focus on the pathophysiology and the management of primary headache, and specifically migraine and cervicogenic headache and tension-type headache. It will give an insight into the management and diagnostic procedures for patients with migraine and headache. This will include discussing effective interventions.

The presentation will last about one hour and 15 minutes and is available on demand until mid March 2023. Certificates of attendance will be forwarded following attendance of the webinar. Any questions can be forwarded to admin@ifompt.org.